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OUR GUIDE TO
CANADA'S
BEST SPAS

spring
hot, hot, hot!
fever

COLOURS YOU NEED THIS SEASON



\$4.25, APRIL 2008



fab finds from glow's style editor

This month, I'm sporting bright shades, surfing the web and getting ready for a vacation

BY VANESSA TAYLOR

TREND WATCH

POPPING PEEPERS

Designers showcased massive sport frames in citrus hues at DKNY, qu pink heart-shaped ones at Betsey son and retro styles at DVF to add a jor tropical punch to any outfit. Her my favourites



BOBBLES WITH BENEFITS

My latest love of layer upon layer of bangles (which might annoy my co-workers with the constant clanking) was revived when I saw this colourful charm bracelet. Designer Sally Han's recent trip to Namibia, Africa, inspired her latest accessories collection. She set up shop and had local young women trained to make the bracelets – and the full amount of each piece sold is sent back to their families in Namibia.

PSALMS ACCESSORIES BRACELET, \$35

BRACELET BY
PSALMSACCESSORIES
- PSALMSACCESSORIES.COM -

PERFECT TRAVEL COMPANION

For the type who plans vaca- bes weeks in advance with tissue paper; I end up with a strange of pieces and creased clothes. To the rescue is this wrinkle-resistant, jersey wrap A-line style – it flatters almost every body type. Pop a bright hooded jacket over- top for sightseeing during the day and dress it up with a chunky neck- lace and wedge sandals for night.

RK CJ DRESS, \$105



THIS PIECE IS EASY TO CARE FOR BECAUSE IT'S WASHER- AND-DRYER SAFE.

(PSST! USE GLOW'S EXCLUSIVE CODE IN THE MEMBER'S EMAIL TO GAIN INSTANT ACCESS: GLOWGLAMLIST.COM)

wired for style

Get plugged into hard-to-find brands and styles and exclusive sales with these online boutiques

THE FASHION AFICIONADO

shopbop.com

This site looks more like an interactive magazine than your typical online fashion store (read: boring to browse through) with lookbooks, trend reports and a separate designer boutique (so we can all swoon over coveted bags).

THE STYLE QUEEN

loloandgigi.com

This Canadian online boutique specializes in a full range of plus-sized clothing – from fab printed dresses to eco-friendly loungewear. I love the site's size chart for each brand, which takes away the guessing game that can happen when some labels are cut trimmer than others.

THE FIFTH AVENUE WANNABE

glamlist.com

Consider this site your golden ticket to the sample-sale prices typically reserved for fashion insiders. The site hosts private sales (40 to 70 percent off original priced items) on Canadian and international designers. The catch? You have to be invited by a member to join.